





Your place in the Community

Commonside's Parents Programme for Families in Merton

Practical support for families with children and adults —

- Welfare, benefits and housing advice
- ► Emergency food support (Community Fridge Network, Wimbledon Foodbank, others)

- ► April 2020 around 100 food parcels per week
- ▶ December 2021 around 50 food parcels per week



Commonside's Parents Programme for Families in Merton

- Outcomes for individuals:
- Reduced loneliness and isolation
- Maximised income

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- Housing inadequacies improved
- Health inequalities lessened
- Immigration status more clearly resolved
- Domestic abuse stopped and safety in the home raised
- Outcomes for the Community:
 More cohesive, safer, with a sense of pride in the local area

The Lunch Club for older people – an essential service in 2020 and 2021-22

Hot lunches cooked from fresh ingredients daily Monday – Friday for between 12 – and 15 older Page people

A few additional clients added to the lunch list referrals from the Community Response Hub

New clients who opted in, and then out again, of the lunch delivery service

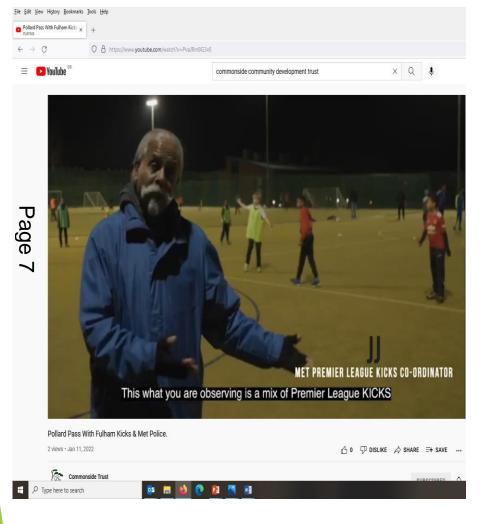
Food supplies, newsletter, doorstep welfare checks

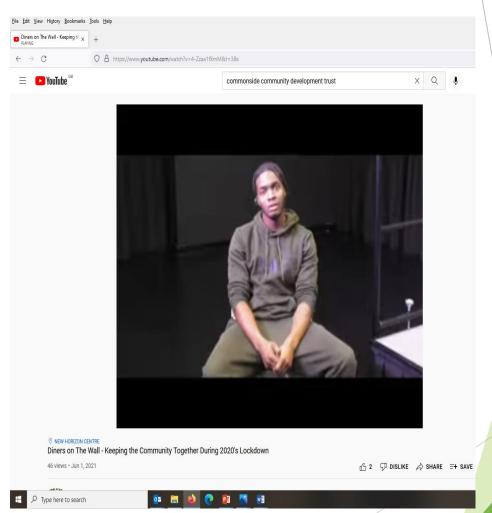
Pollards Hill Luncheon Club & services for older people

- A 'Living Life to the Full' hub:
 - An attractive hub for any adult member of the local population to volunteer – once/for just an hour/for longer/regularly – flexibly
 - * A place where as a volunteer, you can share your interests and enthusiasm with others
 - A place where older people enjoy learning, exercising, laughing, chatting
 - Safe, safeguarded, supported for all.



Things you didn't know we did!





Polish Family Association at the New Horizon Centre

- ► EU Settled Status on behalf of the Home Office
- Over 1,200 people supported since the deadline (more before)
- late' applications are from those who are very, very vulnerable eg poor mental health and low IT literacy
- ► Food parcels once a week since April 2020
- Currently around 150 parcels per month

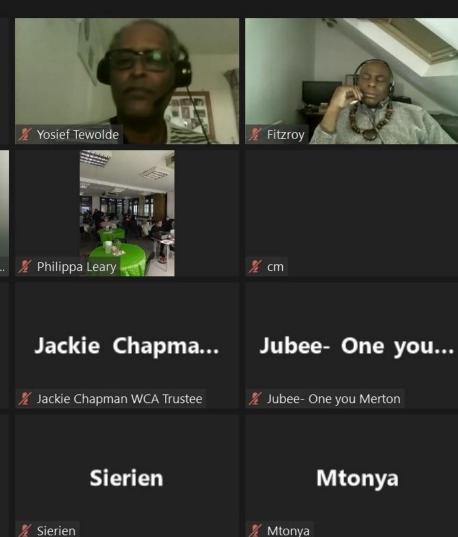
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Concerns about high carb emergency food and diet, levels of obesity and related health conditions as a result of pandemic













Mtonya

















Leave



